

“Someone saved my life tonight”

The Value of a Success Life Coach



The lyrics of Elton Johns famous ballad speaks of someone sitting “in the little room downstairs”, we assume miserable, emotions numbed with “one more beer” reflecting on how “its all gone crazy lately”. Then the song speaks of the freedom and release brought about by the involvement of someone who metaphorically speaking saves this persons life. Everyone’s been there at some time or another and often the catalyst for change is another person.

We live in a world we are told where we are free to make choices, empowered to live the lives we want. The daily reality for so many people is that the world becomes a very confusing place, choices are difficult to make and relationships are more complicated and difficult to balance. Clarity, direction, improved relationships and the quest for a fulfilling work life with increased focus and concentration sit at the top of most people’s improvement “wish list”.

Life coaching is a solution that ever increasing numbers of people are turning to in order to improve specific aspects of their lives. The business world regards coaching techniques as one of the predominant methods of developing peoples skills and helping them to solve workplace problems. The coaching process relies upon the person who is being coached working on and finding the solutions to their problems for themselves; the coach acting as a skillful guide and facilitator. Through questioning and inspiring, the coach guides the individual into defining and forming solid realistic action plans.

What can a Success Life Coach do for you?

- Live a successful and happy life
- Stop settling for less than what you deserve
- Find and live your purpose, direction in life

- Get motivation, enthusiasm, desire
- Become energized and inspired
- Take action
- Increase concentration and focus
- Develop wealth and abundance
- Manage time and stress
- Improve relationships
- Be more confident
- Lose weight and get exercise
- Create balance
- Be able to do more with less time/energy
- Positively experience change
- Take risks
- Develop self-awareness
- Look toward your future with excitement
- Develop strength
- Live a healthy life
- Maximize your growth and successes
- Achieve results that speak for themselves
- Align your life with your needs, values and beliefs

...and so much more.

It's worth mentioning that coaching is NOT counselling, the coaches role is to encourage, inspire and gently push you to achieve your best in every area of your life - working with targets and goals that you set yourself.

How much does it cost?

Session costs about the same as a mid-range pot of face cream and it will certainly last a lot longer!

First Consultation: ½ hour Session - No charge

1 Individual Coaching Session : 2.700 Baht per one hour session

3 Individual Coaching sessions: 7.500 Baht

5 Individual Coaching sessions: 12.000 Baht

10 Individual Coaching sessions: 23.000 Baht

15 Individual Coaching sessions: 33.000 Baht

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